
THIRD READING

Bill No: SCR 7
Author: Niello (R)
Introduced: 12/18/24
Vote: 21

SUBJECT: Permanent standard time

SOURCE: Author

DIGEST: This resolution proclaims that the Legislature acknowledges the health benefits of permanent standard time.

ANALYSIS: This resolution makes the following legislative findings:

- 1) The California Medical Association, California Sleep Society, American Academy of Sleep Medicine, National Sleep Foundation, Sleep Research Society, and Society for Research on Biological Rhythms advise against permanent daylight saving time and recommend permanent standard time.
- 2) Changing clocks between standard time and daylight saving time is disruptive to health, safety, education, and the economy. The Legislature passed Senate Bill 328 (Portantino) in 2019 in support of moving school start times to protect the importance of more sleep to students' health.
- 3) Permanent standard time presents a positive impact on businesses as workers are showing up alert, healthy, productive, and on time and can perform their job duties safely. Permanent standard time provides positive implications for religious groups as it relates to prayer times and fasting.

This resolution proclaims that the Legislature acknowledges the health benefits of permanent standard time.

FISCAL EFFECT: Appropriation: No Fiscal Com.: No Local: No

SUPPORT: (Verified 1/17/25)

None received

OPPOSITION: (Verified 1/17/25)

None received

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1/22/25 13:41:13

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