

Date of Hearing: March 17, 2025

ASSEMBLY COMMITTEE ON RULES

Blanca Pacheco, Chair

SCR 20 (Ochoa Bogh) – As Introduced February 10, 2025

SENATE VOTE: 35-0

SUBJECT: Peripartum Cardiomyopathy Awareness Month.

SUMMARY: Proclaims the month of February 2025 as Peripartum Cardiomyopathy Awareness Month. Specifically, **this resolution** makes the following legislative findings:

- 1) Peripartum cardiomyopathy (PPCM) is a form of heart failure that most often develops late in pregnancy but can occur up to five months into the postpartum period.
- 2) According to the federal Centers for Disease Control and Prevention, general cardiomyopathy was the cause of 9 percent of pregnancy-related deaths between 2017 and 2019, inclusive.
- 3) According to the American Heart Association, PPCM is diagnosed in mothers without a prior diagnosis of heart disease and when no other cause of heart failure can be found. PPCM can cause fatigue and low blood pressure due to restricted blood flow and swelling due to fluid buildup around vital organs.
- 4) PPCM is more common amongst mothers of color and mothers diagnosed with PPCM in past pregnancies.
- 5) If caught early, many women with PPCM will recover normal heart function within six months after treatment starts. If left untreated, PPCM can lead to advanced, lifelong heart failure which could require a heart transplant or even result in death.
- 6) PPCM treatment can include common medications that lower blood pressure, improve heart function, or reduce fluid retention, or a combination of the three, and diet changes such as restricting fluid and salt.

FISCAL EFFECT: This resolution is keyed non-fiscal by Legislative Counsel.

REGISTERED SUPPORT / OPPOSITION:

Support

None on file

Opposition

None on file

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