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THIRD READING

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Bill No: SCR 161  
Author: Weber Pierson (D), et al.  
Introduced: 4/15/26  
Vote: 21

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**SUBJECT:** Maternal Mental Health Awareness Month

**SOURCE:** Author

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**DIGEST:** This resolution proclaims May 2026 as Maternal Mental Health Awareness Month.

**ANALYSIS:** This resolution makes the following legislative findings:

- 1) Maternal mental health affects about one in five women during or after pregnancy, but all women are at risk of suffering from maternal mental health disorders. Specifically, in California, one in three mothers suffers from pregnancy-related depression or anxiety.
- 2) Untreated maternal mental health disorders significantly and negatively impact the short- and long-term health and well-being of affected women and their children; untreated maternal mental health disorders cause adverse birth outcomes, impaired maternal-infant bonding, poor infant growth, childhood emotional and behavioral problems, and significant medical and economic costs.
- 3) Lack of understanding and the continual social stigma of mental health disorders prevent women and families from understanding the signs, symptoms, and risks involved with maternal mental health and disproportionately affect women who lack access to social support networks.

This resolution proclaims May 2026 as Maternal Mental Health Awareness Month.

**Related/Prior Legislation**

ACR 78 (Patel, Resolution Chapter 102, Statutes of 2025)  
SCR 63 (Hurtado, Resolution Chapter 101, Statutes of 2023)

ACR 70 (Pellerin and Cervantes, Resolution Chapter 94, Statutes of 2023)

**FISCAL EFFECT:** Appropriation: No Fiscal Com.: No Local: No

**SUPPORT:** (Verified 4/20/26)

None received

**OPPOSITION:** (Verified 4/20/26)

None received

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4/22/26 14:04:21

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