

Date of Hearing: February 24, 2025

ASSEMBLY COMMITTEE ON RULES

Blanca Pacheco, Chair

SCR 16 (Alvarado-Gil) – As Introduced January 27, 2025

**SENATE VOTE:** 36-0

**SUBJECT:** Thyroid Health Awareness Month.

**SUMMARY:** Proclaims the month of January as Thyroid Health Awareness Month. Specifically, **this resolution** makes the following legislative findings:

- 1) The thyroid is considered the body's most important endocrine gland located in the neck. The thyroid makes hormones that are secreted into the bloodstream and carried throughout the body. The thyroid controls many of the body's functions, including metabolism, heart rate, bone loss, and how quickly food and sugar move through the body.
- 2) Thyroid health awareness is critical to recognize symptoms of a thyroid condition. Increased awareness allows people to understand when to seek medical testing and treatment.
- 3) The cause of thyroid conditions is largely unknown. Approximately 60 percent of people who have a thyroid disease are unaware of their condition. And, according to the American Thyroid Association, approximately 20 million Americans suffer from some form of thyroid cancer.
- 4) To diagnose a thyroid condition, doctors consider a person's medical history, perform a physical exam, and perform specialized blood tests to determine the presence of thyroid-stimulating hormones in the blood, which can cause hyperthyroidism or hypothyroidism.
- 5) If a thyroid condition is left undiagnosed and untreated, serious conditions may occur, such as cardiovascular diseases, osteoporosis, and infertility. Early diagnosis and treatment may improve a person's quality of life and prevent further complications from a thyroid condition.
- 6) The Legislature urges all citizens to educate themselves on thyroid conditions, support those who are affected, and contribute to the ongoing efforts to combat thyroid conditions through research, advocacy, and community engagement.

**FISCAL EFFECT:** This resolution is keyed non-fiscal by Legislative Counsel.

**REGISTERED SUPPORT / OPPOSITION:**

**Support**

California Life Sciences

**Opposition**

None on file

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