

Date of Hearing: May 18, 2026

ASSEMBLY COMMITTEE ON RULES  
Blanca Pacheco, Chair  
SCR 156 (Dahle) – As Introduced April 9, 2026

**SENATE VOTE:** 38-0

**SUBJECT:** National Stroke Awareness Month.

**SUMMARY:** Declares the month of May 2026 as National Stroke Awareness Month in California; and, urges all Californians to familiarize themselves with the risk factors associated with stroke, and to recognize the warning signs and symptoms of stroke. Specifically, **this resolution** makes the following legislative findings:

- 1) Stroke is a neurological emergency caused by sudden blockage of an artery in the brain or sudden bleeding in the brain that is both preventable and treatable.
- 2) Stroke is the leading cause of serious long-term disability and a leading cause of death in the United States, killing about 140,000 people nationwide and approximately 14,000 citizens of California each year.
- 3) The phrase “Time Is Brain” emphasizes the importance of calling 9-1-1 immediately when stroke symptoms are recognized because early treatment dramatically improves the chances of recovery. One in three Americans cannot name any of the signs or symptoms of a stroke, and more than one-half of Americans do not know if they are at risk for a stroke.
- 4) Between 2019 and 2020, strokes cost the nation over \$56 billion, including the cost of health care services, medications, and lost productivity.
- 5) The American Heart Association urges people to lower their risk of heart disease and stroke by focusing on “Life’s Simple 7” key health factors and behaviors: managing blood pressure, controlling cholesterol, reducing blood sugar, getting active, eating better, losing weight, and stopping smoking.
- 6) New and effective treatments have been developed to treat and minimize the severity and damaging effect of strokes, but much more research is needed.

**FISCAL EFFECT:** This resolution is keyed non-fiscal by Legislative Counsel.

**REGISTERED SUPPORT / OPPOSITION:**

**Support**

None on file

**Opposition**

None on file

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