
THIRD READING

Bill No: SCR 156
Author: Dahle (R), et al.
Introduced: 4/9/26
Vote: 21

SUBJECT: National Stroke Awareness Month

SOURCE: Author

DIGEST: This resolution declares the month of May 2026 as National Stroke Awareness Month.

ANALYSIS: This resolution makes the following legislative findings:

- 1) Stroke is a neurological emergency caused by sudden blockage of an artery in the brain or sudden bleeding in the brain that is both preventable and treatable. One in three Americans cannot name any of the signs or symptoms of a stroke, and more than one-half of Americans do not know if they are at risk for a stroke.
- 2) The B.E.F.A.S.T. warning signs of stroke include the sudden onset of the following symptoms: Balance-loss of balance or coordination; Eyes-vision loss or double vision; Face-face drooping; Arm-arm weakness; Speech-speech difficulty; and Time-time to call 9-1-1; and beyond B.E.F.A.S.T., additional stroke warning signs and symptoms include sudden numbness or weakness of the face, arm, or leg, especially on one side of the body; sudden confusion; sudden trouble speaking or difficulty understanding; sudden trouble walking; sudden dizziness; and sudden severe headache with no known cause.
- 3) The American Heart Association urges people to lower their risk of heart disease and stroke by focusing on “Life’s Simple 7” key health factors and behaviors: managing blood pressure, controlling cholesterol, reducing blood sugar, getting active, eating better, losing weight, and stopping smoking.

This resolution urges all Californians to familiarize themselves with the risk factors associated with stroke, to recognize the warning signs and symptoms of stroke,

and, at the first signs of a stroke, to dial 9-1-1 immediately in order to begin to reduce the devastating effects of stroke on our population

Related/Prior Legislation

SR 40 (Dahle, 2025) – Adopted in the Senate.

FISCAL EFFECT: Appropriation: No Fiscal Com.: No Local: No

SUPPORT: (Verified 4/20/26)

None received

OPPOSITION: (Verified 4/20/26)

None received

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4/22/26 14:04:19

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