
THIRD READING

Bill No: SCR 151
Author: Umberg (D)
Introduced: 3/25/26
Vote: 21

SUBJECT: Anterior Cruciate Ligament Injury Awareness Month

SOURCE: Author

DIGEST: This resolution proclaims the month of May 2026 as Anterior Cruciate Ligament (ACL) Injury Awareness Month in California.

ANALYSIS: This resolution makes the following legislative findings:

- 1) ACL injuries are among the most common and debilitating musculoskeletal injuries affecting physically active individuals and youth athletes, constituting a major and growing public health concern. An estimated 400,000 ACL tears occur annually in the United States.
- 2) The National ACL Injury Coalition, convened through Project Play, has established a nationally recognized, evidence-based framework to reduce ACL injuries among youth athletes across multiple sports by promoting standardized education, neuromuscular injury prevention training, and implementation resources for youth sports organizations, coaches, athletes, and parents.
- 3) It is imperative that there be greater public awareness of ACL injuries as a serious and preventable public health issue with long-term health, economic, and equity implications, and that California promote education, injury surveillance, research, and evidence-based prevention efforts statewide.

This resolution proclaims the month of May 2026 as Anterior Cruciate Ligament (ACL) Injury Awareness Month in California.

FISCAL EFFECT: Appropriation: No Fiscal Com.: No Local: No

SUPPORT: (Verified 4/1/26)

None received

OPPOSITION: (Verified 4/1/26)

None received

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4/8/26 14:53:10

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