

Date of Hearing: February 23, 2026

ASSEMBLY COMMITTEE ON RULES  
Blanca Pacheco, Chair  
SCR 115 (Dahle) – As Introduced January 27, 2026

**SENATE VOTE:** 37-0

**SUBJECT:** Wear Red Day.

**SUMMARY:** Recognizes February 6, 2026, as Wear Red Day in California and recognizes the month of February 2026 as American Heart Month in California to raise awareness of the importance of the ongoing fight against heart disease and stroke. Specifically, **this resolution** makes the following legislative findings:

- 1) Cardiovascular disease is the leading cause of death among women in the United States, claiming the lives of one in every three women each year and surpassing all forms of cancer combined.
- 2) Nearly half of all women over 20 years of age are living with some form of cardiovascular disease, yet most women remain unaware of their personal risk factors or the unique ways heart disease can present in women.
- 3) Women often experience heart attack symptoms that differ from men, such as shortness of breath, nausea, back or jaw pain, extreme fatigue, or dizziness, which can lead to delayed treatment and poorer outcomes when these symptoms are not recognized.
- 4) Significant disparities persist, with Black, Hispanic or Latina, and Indigenous women facing higher rates of cardiovascular disease and barriers to prevention, diagnosis, and equitable access to care.
- 5) Immediate cardiopulmonary resuscitation (CPR) can double or even triple a person's chance of survival, yet only about 41 percent of people who experience cardiac arrest receive immediate CPR from someone nearby, and fewer than 12 percent receive aid from an automated external defibrillator (AED) before advanced help arrives.
- 6) Research shows that women are less likely to receive bystander CPR during a cardiac emergency, in part due to fears and misconceptions that must be addressed through community-wide education and awareness.
- 7) For more than two decades, the American Heart Association's Go Red for Women movement has led the charge in educating women about cardiovascular disease, advancing scientific research, advocating for equitable health care, and empowering women to take charge of their heart health.
- 8) The American Heart Association has set a bold goal to double survival from out-of-hospital cardiac arrest by 2030 through its Nation of Lifesavers initiative, empowering people everywhere to confidently perform CPR and use AEDs.

**FISCAL EFFECT:** This resolution is keyed non-fiscal by Legislative Counsel.

**REGISTERED SUPPORT / OPPOSITION:**

**Support**

None on file

**Opposition**

None on file

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