

Date of Hearing: September 3, 2025

ASSEMBLY COMMITTEE ON RULES
Blanca Pacheco, Chair
HR 74 (Jeff Gonzalez) – As Introduced September 2, 2025

SUBJECT: Children’s Emotional Wellness Month.

SUMMARY: Proclaims the month of September as Children’s Emotional Wellness Month in the State of California. Specifically, **this resolution** makes the following legislative findings:

- 1) The emotional well-being of children is foundational to their ability to learn, grow, form healthy relationships, and thrive as resilient, empowered adults.
- 2) Thousands of children throughout California experience emotional challenges due to trauma, mental health struggles, family instability, bullying, academic pressures, and social isolation.
- 3) Early emotional support, education, and healing interventions can prevent long-term suffering, reduce risk of mental illness, and foster healthier, more connected communities.
- 4) Families, educators, caregivers, health professionals, and community leaders play a vital role in supporting children’s emotional wellness through compassion, communication, presence, and informed care.
- 5) We must build community and foster collaboration across sectors to strengthen emotional wellness efforts and promote awareness of valuable resources for families and individuals who can benefit from them.
- 6) One of the most important tools for supporting a lifetime of financial independence and success is CalABLE, California’s savings program for people with disabilities.
- 7) A national month of awareness will encourage intentional reflection, education, and action to uplift the emotional needs of all children, with a focus on inclusivity, cultural sensitivity, and trauma-informed support.

FISCAL EFFECT: This resolution is keyed non-fiscal by Legislative Counsel.

REGISTERED SUPPORT / OPPOSITION:

Support

None on file

Opposition

None on file

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