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THIRD READING

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Bill No: ACR 215  
Author: Petrie-Norris (D)  
Introduced: 6/3/26  
Vote: 21

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**SUBJECT:** Hypertension Awareness Month

**SOURCE:** Author

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**DIGEST:** This resolution recognizes May 2026 as Hypertension Awareness Month.

**ANALYSIS:** This resolution makes the following legislative findings:

- 1) Hypertension, also known as high blood pressure, affects nearly one-half of all adults in the United States and is a leading risk factor for various cardiovascular diseases.
- 2) Annual health care costs associated with high blood pressure were an estimated \$219 billion in the United States in 2019, with medical costs for people with high blood pressure being about \$2,800 higher than for people without high blood pressure.
- 3) Hypertension often goes undetected and untreated, leading to severe health complications, including heart disease, stroke, and kidney failure, and contributing to 664,470 deaths in 2023 in the United States.
- 4) California has one of the highest mortality rates from hypertension in the United States at 13.4 per 100,000 people, leading to 6,406 deaths per year.
- 5) Hypertension disproportionately impacts certain populations, including, but not limited to, communities of color, socioeconomically disadvantaged individuals, and individuals with limited access to health care services, leading to health disparities and inequities in the prevalence, management, and outcomes of high blood pressure.

- 6) The month of May is dedicated to raising awareness about hypertension, promoting education about prevention and management, and encouraging individuals to monitor their blood pressure regularly.

This resolution encourages health care providers, public health agencies, and community organizations to continue their efforts in educating and empowering individuals to monitor and manage their blood pressure effectively.

### **Related/Prior Legislation**

SCR 83 (Stern, Resolution Chapter 137, Statutes of 2025)

ACR 200 (Jones-Sawyer, Resolution Chapter 112, Statutes of 2024)

**FISCAL EFFECT:** Appropriation: No Fiscal Com.: No Local: No

**SUPPORT:** (Verified 6/15/26)

None received

**OPPOSITION:** (Verified 6/15/26)

None received

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6/15/26 14:57:50

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