

Date of Hearing: June 8, 2026

ASSEMBLY COMMITTEE ON RULES  
Blanca Pacheco, Chair  
ACR 215 (Petrie-Norris) – As Introduced June 3, 2026

**SUBJECT:** Hypertension Awareness Month.

**SUMMARY:** Recognizes May 2026 as Hypertension Awareness Month; and, acknowledges the importance of raising awareness about hypertension’s risks, prevention, and management strategies. Specifically, **this resolution** makes the following legislative findings:

- 1) Hypertension, also known as high blood pressure, affects nearly one-half of all adults in the United States and is a leading risk factor for various cardiovascular diseases. Only about one in four adults with hypertension have their condition under control.
- 2) Hypertension often goes undetected and untreated, leading to severe health complications, including heart disease, stroke, and kidney failure, and contributing to 664,470 deaths in 2023 in the United States.
- 3) In 2024, almost 30 percent of adults in California had a diagnosis of hypertension, with an additional estimated 7 percent to have borderline hypertension. California has one of the highest mortality rates from hypertension in the United States at 13.4 per 100,000 people, leading to 6,406 deaths per year.
- 4) Hypertension disproportionately impacts certain populations, including, but not limited to, communities of color, socioeconomically disadvantaged individuals, and individuals with limited access to health care services, leading to health disparities and inequities in the prevalence, management, and outcomes of high blood pressure.
- 5) Early detection, proper management, and access to medical treatment are critical to reducing the prevalence and impact of hypertension on individuals’ health and well-being. Access to affordable and quality health care services, including medical treatments, is crucial for managing hypertension and improving health outcomes.
- 6) Community initiatives, health care professionals, and advocacy organizations play a vital role in educating the public, providing resources, and advocating for policies that enhance hypertension awareness and access to medical care.
- 7) The month of May is dedicated to raising awareness about hypertension, promoting education about prevention and management, and encouraging individuals to monitor their blood pressure regularly.

**FISCAL EFFECT:** This resolution is keyed non-fiscal by Legislative Counsel.

**REGISTERED SUPPORT / OPPOSITION:**

**Support**

None on file

**Opposition**

None on file

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