
THIRD READING

Bill No: ACR 187
Author: Jeff Gonzalez (R), et al.
Introduced: 4/28/26
Vote: 21

SUBJECT: Men's Mental Health Month

SOURCE: Author

DIGEST: This resolution proclaims the month of June 2026 to be Men's Mental Health Month.

ANALYSIS: This resolution makes the following legislative findings:

- 1) According to the National Institute of Mental Health, men are at a higher risk for mental health conditions, including depression, anxiety, and substance use disorders, yet often men face barriers to seeking treatment.
- 2) Suicide rates among men remain disproportionately high, with data from the Centers for Disease Control and Prevention showing that men die by suicide at a rate nearly four times higher than those of the opposite gender.
- 3) Recognizing June as Men's Mental Health Month in California will help raise awareness, reduce stigma, and encourage policy initiatives that prioritize mental health services for men.
- 4) Various organizations, including mental health advocates, health care providers, and community groups, are committed to supporting men's mental health through outreach, education, and services.

This resolution proclaims the month of June 2026 to be Men's Mental Health Month.

FISCAL EFFECT: Appropriation: No Fiscal Com.: No Local: No

Related/Prior Legislation

ACR 88 (Jeff Gonzalez, Resolution Chapter 109, Statutes of 2025)

SUPPORT: (Verified 6/30/26)

None received

OPPOSITION: (Verified 6/30/26)

None received

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7/1/26 16:55:25

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