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THIRD READING

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Bill No: ACR 182  
Author: Ransom (D), et al.  
Amended: 4/27/26 in Assembly  
Vote: 21

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**SUBJECT:** Youth Mental Health Awareness Week in California

**SOURCE:** Author

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**DIGEST:** This resolution designates May 3, 2026, to May 9, 2026, inclusive, as Youth Mental Health Awareness Week in California.

**ANALYSIS:** This resolution makes the following legislative findings:

- 1) Mental health plays a significant role in the overall well-being of youth, thus the importance to recognize and support mental health services for them.
- 2) Schools have the ability to foster inclusive, safe, supportive, respectful, and empowering environments for students who are suffering from mental illnesses.
- 3) Youth mental health programs should address trauma, while promoting resilience, healing, and the pursuit of academic success for all students.
- 4) Prioritizing mental health in our youth and providing them with resources can help reduce stigma and cultivate a culture of resilience, support, and compassion within schools and communities.
- 5) It is essential to designate a week dedicated to recognizing the mental health of our youth and supporting their well-being.

This resolution designates May 3, 2026, to May 9, 2026, inclusive, as Youth Mental Health Awareness Week in California.

**FISCAL EFFECT:** Appropriation: No Fiscal Com.: No Local: No

**SUPPORT:** (Verified 5/19/26)

None received

**OPPOSITION:** (Verified 5/19/26)

None received

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5/20/26 14:08:04

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