

ASSEMBLY THIRD READING
ACR 182 (Ransom)
As Amended April 27, 2026
Majority vote

SUMMARY

Designates May 3, 2026, to May 9, 2026, inclusive, as Youth Mental Health Awareness Week in California.

Major Provisions

- 1) Mental health must be prioritized with the same urgency as physical health. It is important for our youth to thrive and have a positive quality of life, which cannot be achieved without taking care of their mental health.
- 2) Mental health plays a significant role in the overall well-being of youth, thus the importance to recognize and support mental health services for them.
- 3) It is important to foster inclusivity for our youth, who, with the rise of social media influence, have been subject to negative psychological effects. Mental health can significantly influence how children and youth behave in their daily lives.
- 4) Schools have the ability to foster inclusive, safe, supportive, respectful, and empowering environments for students who are suffering from mental illnesses.
- 5) Young people are rapidly learning social and emotional skills that shape their future ability to learn and adapt into different situations of life. Youth mental health programs should address trauma, while promoting resilience, healing, and the pursuit of academic success for all students.
- 6) Prioritizing mental health in our youth and providing them with resources can help reduce stigma and cultivate a culture of resilience, support, and compassion within schools and communities.
- 7) It is essential to designate a week dedicated to recognizing the mental health of our youth and supporting their well-being.

COMMENTS

According to the Author

"Youth across the nation are growing up in social, cultural, economic, and technological environments unlike anything their parents or grandparents experienced. Today it is remarkably easy for negativity to be spread and perpetuated without consideration of the dangers to youth. It is critically important to recognize the importance of mental health for our state's youth, encouraging healthy engagement within their communities."

Arguments in Support

None on file

Arguments in Opposition

None on file

FISCAL COMMENTS

No fiscal impact. This resolution is keyed non-fiscal by Legislative Counsel.

VOTES

ASM RULES: 9-0-1

YES: Pacheco, Ahrens, Dixon, Garcia, Mark González, Irwin, Michelle Rodriguez, Sanchez, Zbur

ABS, ABST OR NV: Lackey

UPDATED

VERSION: April 27, 2026

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