
THIRD READING

Bill No: ACR 181
Author: Patel (D), et al.
Introduced: 4/21/26
Vote: 21

ASSEMBLY FLOOR: 73-0, 5/4/26 (Consent) - See last page for vote

SUBJECT: California Physical Education Week

SOURCE: Author

DIGEST: This resolution proclaims May 1, 2026, to May 7, 2026, inclusive, as California Physical Education Week.

ANALYSIS: This resolution makes the following legislative findings:

- 1) For purposes of this resolution, “physical education” includes both general physical education and adapted physical education.
- 2) Physical education is an academic discipline that equips California students with the knowledge, skills, and dispositions necessary to develop and maintain physical, mental, and social health throughout their lifespan.
- 3) Physical education is an integral component of a well-rounded education in California and nationwide within the Every Student Succeeds Act, contributing to college, military, career, and vocational readiness and supporting a productive, healthy adulthood.
- 4) Scientific evidence indicates that the components of physical fitness are associated with cognitive functions such as attention, memory, self-regulation, and executive functioning, which support academic engagement and learning.
- 5) Substantial evidence shows that California’s children and young people are less active than ever. Physical education is an essential academic discipline to develop cognitive, affective, and psychomotor skills that advance their

knowledge, and contribute to their dispositions for physical activity at all stages of life.

This resolution proclaims May 1, 2026, to May 7, 2026, inclusive, as California Physical Education Week to coincide with National Physical Education and Sport Week, to promote high-quality physical education instruction.

FISCAL EFFECT: Appropriation: No Fiscal Com.: No Local: No

SUPPORT: (Verified 5/8/26)

None received

OPPOSITION: (Verified 5/8/26)

None received

ASSEMBLY FLOOR: 73-0, 5/4/26

AYES: Addis, Aguiar-Curry, Ahrens, Alanis, Alvarez, Ávila Farías, Bains, Bauer-Kahan, Berman, Boerner, Bonta, Bryan, Calderon, Carrillo, Castillo, Connolly, Davies, DeMaio, Dixon, Elhawary, Ellis, Fong, Gabriel, Gallagher, Garcia, Gipson, Jeff Gonzalez, Mark González, Hadwick, Haney, Harabedian, Hart, Hoover, Irwin, Jackson, Johnson, Kalra, Krell, Lackey, Lee, Lowenthal, Macedo, McKinnor, Muratsuchi, Nguyen, Ortega, Pacheco, Papan, Patel, Patterson, Pellerin, Petrie-Norris, Quirk-Silva, Ramos, Ransom, Celeste Rodriguez, Michelle Rodriguez, Rogers, Blanca Rubio, Sanchez, Schiavo, Schultz, Sharp-Collins, Solache, Soria, Stefani, Ta, Tangipa, Valencia, Ward, Wicks, Zbur, Rivas

NO VOTE RECORDED: Arambula, Bennett, Caloza, Chen, Flora, Wallis, Wilson

Prepared by: Hunter Flynn / SFA / (916) 651-4171
5/13/26 16:27:55

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