

Date of Hearing: April 13, 2026

ASSEMBLY COMMITTEE ON RULES
Blanca Pacheco, Chair
ACR 172 (Macedo) – As Introduced April 7, 2026

SUBJECT: World Irritable Bowel Syndrome Day.

SUMMARY: Proclaims April 19, 2026, as World Irritable Bowel Syndrome Day in California; and, encourages all residents of the state to support and participate in organizations, events, and activities that raise awareness about IBS. Specifically, **this resolution** makes the following legislative findings:

- 1) Irritable bowel syndrome (IBS) is a gastrointestinal disorder of gut-brain interaction that is characterized by recurring abdominal pain, bloating, and altered bowel movements.
- 2) Although many Americans suffer from individual symptoms, they do not realize it is a medical condition called IBS, and for this reason it often goes undiagnosed by physicians and patients.
- 3) The symptoms of IBS affect up to 15 percent of the adult population, or just over 35 million Americans. The quality of life is significantly lower in people suffering from the symptoms of IBS than in healthy people.
- 4) Although IBS has a considerable impact on personal relationships and working practices, people with these symptoms often suffer in silence because of their reluctance to discuss their pain.
- 5) A number of California organizations, including the IBS Patient Support Group, are committed to supporting people suffering from the symptoms of IBS, including by raising public awareness, discovering innovative therapies, and providing patient educational materials.

FISCAL EFFECT: This resolution is keyed non-fiscal by Legislative Counsel.

REGISTERED SUPPORT / OPPOSITION:

Support

None on file

Opposition

None on file

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