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THIRD READING

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Bill No: ACR 156  
Author: Hoover (R), et al.  
Introduced: 3/3/26  
Vote: 21

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**SUBJECT:** National Day of Play

**SOURCE:** Author

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**DIGEST:** This resolution recognizes National Day of Play on March 21, 2026.

**ANALYSIS:** This resolution makes the following legislative findings:

- 1) A 2022 study found that families spend a significant portion of shared physical spaces in alone-together time, meaning individuals are present, but engaged in their own activities, such as using electronic devices.
- 2) “Play” can be defined as an activity that is self-chosen, intrinsically motivated, and conducted in an active, but relatively stress-free, frame of mind. Play is fundamentally connected to social connection, as it provides space to develop and practice essential social skills, such as communication, cooperation, empathy, and negotiation.
- 3) A National Day of Play strengthens community bonds and encourages a focus on creating safe and healthy environments for all.

This resolution recognizes the importance of social connection for mental, physical, and social development, and encourages people to put their electronics down and play.

**FISCAL EFFECT:** Appropriation: No Fiscal Com.: No Local: No

**SUPPORT:** (Verified 4/6/26)

None received

**OPPOSITION:** (Verified 4/6/26)

None received

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4/8/26 14:53:17

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