
THIRD READING

Bill No: ACR 139
Author: Calderon (D), et al.
Introduced: 2/13/26
Vote: 21

SUBJECT: Sleep Apnea Awareness Month

SOURCE: Author

DIGEST: This resolution proclaims the month of March as Sleep Apnea Awareness Month in California.

ANALYSIS: This resolution makes the following legislative findings:

- 1) Obstructive sleep apnea (OSA) is a common, serious, and chronic sleep-related breathing disorder characterized by repeated interruptions of breathing during sleep, leading to fragmented sleep and reduced blood oxygen levels.
- 2) OSA affects an estimated 75 to 80 million adults in the United States, and leading sleep medicine experts estimate that up to 90% of cases remain undiagnosed, leaving millions of individuals untreated and at an elevated risk for adverse health and safety outcomes.
- 3) Custom-fitted oral devices, including mandibular advancement devices and newer FDA-cleared oral appliance therapies and similar treatments, work by repositioning the jaw and airway structures during sleep to reduce airway collapse.

This resolution proclaims the month of March as Sleep Apnea Awareness Month in California.

FISCAL EFFECT: Appropriation: No Fiscal Com.: No Local: No

SUPPORT: (Verified 3/24/26)

None received

OPPOSITION: (Verified 3/24/26)

None received

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3/25/26 16:19:10

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