

## ASSEMBLY THIRD READING

AB 1949 (Lee)

As Amended May 18, 2026

Majority vote

**SUMMARY**

Changes the number of allowable services in Medi-Cal without prior authorization to 24 per year instead of the current "2-per-month" collective cap on a group of services that includes acupuncture, audiology, chiropractic, occupational therapy, podiatry and speech therapy. Specifies, consistent with current practice, that additional services can be authorized based on medical necessity.

**COMMENTS**

*Benefits in Medicaid and Medi-Cal.* At the federal level, the Medicaid program includes mandatory benefits all states must cover, including, for instance, physician services, long-term care, and inpatient care. Other benefits are covered at state option for adults, including pharmacy, dental, and acupuncture.

*Acupuncture.* According to the Cleveland Clinic, acupuncture is a treatment that uses very thin steel needles inserted into skin to stimulate specific points throughout the body, including the back, neck, head and face. The goal of acupuncture is to relieve a health condition or symptom, such as pain. According to Johns Hopkins Medicine, the practice comes from Traditional Chinese Medicine (TCM). TCM believes that the body's vital energy, called qi (pronounced chi), flows along specific channels or meridians. The use of acupuncture on certain points within the meridians is believed to improve the flow of blocked or stagnant qi, which improves health. Scientific studies have confirmed the effectiveness of acupuncture for a variety of conditions. Acupuncturists are licensed in California by the California Acupuncture Board.

*Medi-Cal Coverage of Acupuncture.* According to the Medi-Cal provider manual:

- 1) Acupuncture services are covered when used to prevent, modify, or alleviate the perception of severe, persistent chronic pain resulting from a generally recognized medical condition.
- 2) Outpatient acupuncture services are subject to a limit of two services in any one calendar month or any combination of two services per month from the following services: acupuncture, audiology, chiropractic, occupational therapy, podiatry and speech therapy.
- 3) Additional services can be provided based upon medical necessity through prior authorization.

The limit of two services per month serves as a de facto annual limit of 24 services per year, which this bill would maintain. However, the 24-service cap is a collective cap that applies to a combined group of services, as listed above. Although this policy applies in Fee-for-Service and sets baseline coverage for what must be covered by Medi-Cal, Medi-Cal managed care plans may have more generous coverage policies at the plans' discretion. For instance, the Molina Medi-Cal handbook states that certain services, including acupuncture, audiology, and chiropractic care, are approved for up to two visits per month without prior authorization, and

makes no mention of a collective cap on a group of services. The Molina handbook also, similarly, notes that additional services may be available with prior authorization.

It is possible that patients whose treatment plan requires a higher intensity of acupuncture treatment than twice per month—or those who use acupuncture, audiology, chiropractic, occupational therapy, podiatry and speech therapy—exhaust their allowable visits under current Medi-Cal policy and need to seek prior authorization for additional services. It is unclear how large a practical barrier prior authorization poses in this case, but prior authorization generally creates friction between a health care provider's order for a service and the delivery of a service.

*Optional Benefits Have Been Considered for Elimination to Reduce State Costs.* Optional Medi-Cal benefits for adults have often been considered for elimination as a cost-saving measure. Optional benefits must be covered for children up to age 21 under federal Medicaid requirements, but coverage for adults is at state option. The Medi-Cal acupuncture benefit for adults was eliminated in 2009 as a cost-saving measure and reinstated in 2016. In 2025, the Administration again proposed to eliminate acupuncture services as a cost-saving measure, but this proposal was rejected by the Legislature. The 2026-27 Governor's May Revision to the budget again proposes to delete Medi-Cal acupuncture coverage, effective January 1, 2027, for an ongoing General Fund cost savings of \$13.1 million per year.

### **According to the Author**

Acupuncture is a crucial treatment for debilitating health conditions, and we cannot eliminate this health benefit for low-income Californians. This bill is intended to improve access to the proven benefits of acupuncture by allowing the medically necessary number of treatments per month while maintaining the overall cost controls for the benefit.

### **Arguments in Support**

According to California Acupuncture Coalition (CAC), the trade association representing acupuncturists and the sponsor of this bill, acupuncture is a critical form of care with demonstrated benefits for pain management, mental health, addiction treatment, nausea related to chemotherapy, and a range of other conditions and offers an effective low-risk treatment option when conventional approaches may be limited or carry added complications. The CAC explains effective care typically requires multiple visits per week over a treatment period and that the current two visits per month limit prevents therapeutic dosing. This bill is also supported by the U.S. Pain Foundation, acupuncture colleges, and other stakeholders.

### **Arguments in Opposition**

None on file.

## **FISCAL COMMENTS**

According to the Assembly Committee on Appropriations:

Costs to the Medi-Cal program of an unknown amount, potentially hundreds of thousands of dollars per year or more if this bill results in Medi-Cal beneficiaries using more acupuncture services, to the extent federal financial participation continues (General Fund (GF), federal funds (FF)).

## VOTES

### ASM HEALTH: 15-1-0

**YES:** Bonta, Chen, Addis, Aguiar-Curry, Ahrens, Caloza, Carrillo, Mark González, Johnson, Patel, Patterson, Rogers, Schiavo, Sharp-Collins, Stefani

**NO:** Sanchez

### ASM APPROPRIATIONS: 11-0-4

**YES:** Wicks, Aguiar-Curry, Calderon, Caloza, Fong, Mark González, Krell, Pacheco, Pellerin, Sharp-Collins, Solache

**ABS, ABST OR NV:** Hoover, Dixon, Ta, Tangipa

## UPDATED

VERSION: May 18, 2026

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