

Date of Hearing: May 13, 2024

ASSEMBLY COMMITTEE ON RULES
Blanca Pacheco, Chair
HR 83 (Aguiar-Curry) – As Introduced April 1, 2024

SUBJECT: Menopause Awareness Month.

SUMMARY: Recognizes the month of October 2024 as Menopause Awareness Month, and encourages efforts to provide women with tools and treatment to improve quality of life and health outcomes for those affected by menopause. Specifically, **this resolution** makes the following legislative findings:

- 1) Menopause is a natural and normal period of time when a woman’s hormone levels start to change. Millions of women in the United States experience menopause each year.
- 2) Women in the United States enter the menopausal transition with little guidance on what to expect before, during, and after their reproductive years.
- 3) Menopausal symptoms have the potential to be intense, impacting daily routines and overall well-being, and can last for several years.
- 4) Women of color are more likely to experience premature menopause, leading to a 40-percent higher risk of developing coronary heart disease over their lifetime.
- 5) Nearly 11 percent of women 45 to 60 years of age, inclusive, missed work due to symptoms of menopause. The annual cost for those missed work days is \$1.8 billion and that cost does not account for reduced work hours, employment loss, or early retirement.
- 6) The Assembly recognizes the effects of menopause on women, acknowledging its impact on both individual well-being and broader societal dynamics.

FISCAL EFFECT: This resolution is keyed non-fiscal by Legislative Counsel.

REGISTERED SUPPORT / OPPOSITION:

Support

None on file

Opposition

None on file

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