

SENATE RESOLUTION No. ____

DIGEST OF INTRODUCED RESOLUTION

A SENATE RESOLUTION honoring Dr. Erica Graham for her ongoing efforts to improve Hoosier mental health and suicide prevention awareness.

HUNLEY

_____, read first time and referred to Committee on



Introduced

Second Regular Session 124th General Assembly (2026)

SENATE RESOLUTION

MR. PRESIDENT:

I offer the following resolution and move its adoption:

1 A SENATE RESOLUTION honoring Dr. Erica Graham for
2 her ongoing efforts to improve Hoosier mental health and
3 suicide prevention awareness.

4 *Whereas, Dr. Erica Graham is a Doctor of Chiropractic,
5 the co-founder of Balanced Chiropractic, and a dedicated
6 mental health and suicide prevention advocate;*

7 *Whereas, Dr. Erica Graham is the current Mrs. Indiana
8 and 1st runner-up in the national Mrs. USA Pageant;*

9 *Whereas, Dr. Erica Graham has supported the American
10 Foundation for Suicide Prevention for over a decade,
11 volunteering 1,200 hours of her time across three different
12 states to aid in their mission of saving lives and bringing hope
13 to those affected by suicide through research, education,
14 advocacy, and support for loss survivors;*

15 *Whereas, Dr. Erica Graham has worked closely with 1N5,
16 a suicide prevention organization that aims to erase the stigma
17 around mental illness and she helped raise \$250,000 for their
18 Spring4Life Gala, providing funding for their school and
19 community programs;*

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1 *Whereas, Dr. Erica Graham supports the Raindrops Rising
2 Foundation, which focuses on mental health awareness,
3 community support, and suicide prevention through outreach,
4 education, and advocacy efforts;*

5 *Whereas, Dr. Graham is the founder of Shine Your Light,
6 an education-based suicide prevention program designed to
7 equip teachers, staff, students, parents and caregivers alike
8 with the tools to recognize warning signs of suicidal ideation or
9 mental health crises. Her program teaches its participants to
10 respond safely and compassionately and to connect at-risk
11 individuals with appropriate professional help and ongoing
12 support;*

13 *Whereas, Dr. Erica Graham hopes to help bring Shine Your
14 Light and similar evidence-based educational programs into
15 schools throughout the state of Indiana, to ensure that every
16 student is surrounded by informed, confident adults and peers
17 who know how to recognize and respond to warning signs; and*

18 *Whereas, Dr. Erica Graham is the daughter of Jorge and
19 Edna Beltre, is married to Dr. Tyler Graham, and is the proud
20 mother of two young daughters, ages 4 and 6: Therefore,*

21 *Be it resolved by the Senate of the
22 General Assembly of the State of Indiana:*

23 SECTION 1. That the Indiana State Senate honors Dr. Erica
24 Graham for her ongoing efforts to improve Hoosier mental
25 health and suicide prevention awareness.

26 SECTION 2. The Secretary of the Senate is hereby directed
27 to transmit a copy of this Resolution to Dr. Erica Graham.

